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The Model

SCARF Model of Social Threats and Rewards



STATUS: Relative importance to others

CERTAINTY: Our ability to predict the future.

AUTONOMY: Perception of having control over one's environment.

RELATEDNESS: Feeling of security/safety by being related to others

FAIRNESS: Feelings that we are treated fairly or unfairly in interactions.



Breakout #1

- How are you in each domain and how are they being affected (forward or away)?



Breakout #2

- Which one do you most need to pay attention to?
- What is one thing you can do?